ChristaCo DESIGN

Hygge Cardigan Pattern

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Materials

- #4 medium worsted weight yarn, see chart below for specifics by size. (S) 811yds/742m (M) 952yds/871m (L) 1092yds/999m, (XL) 1274yds/1165m, (2X) 1456yds/1331m, (3X) 1638yds/1498m, (4X) 1820yds/1664m, (5X) 2002yds/1831m
- 5.5 mm/US size I-9 hook, or hook needed to meet gauge.
- Yarn needle, Measuring tape, Scissors

Notes

1. Please read through entire pattern and create a gauge swatch before beginning

2. Pattern is written for multiple sizes, where the first number given is the smallest size and the larger sizes follow in parenthesis. For example, "Rep row 2 for 50 (52, 54, 56, 58, 60, 62, 64) rows" means size small would repeat row 2 for 50 times and size 4X would repeat row 2 for 62 times. Where no size is indicated instruction apply to all.
3. Stitch counts are given at the end of the instructions with all sizes within the parenthesis (72, 82, 90, 98, 104, 110, 116, 124 sts).
4. Ch 3 counts as an exsc + ch 1.
5. This stitch naturally relaxes with wash and wear.

Construction

This sweater pattern is worked in fours pieces: front + back panels, and two sleeves. The panels are seamed at the sides and shoulders. The sleeves are worked separately and seamed on to the sweater.

Level

Easy

Gauge

4"/10cm x 4"/10cm = 14 sts x 10 rows in pattern, before blocking.
To check gauge ch 20 and follow pattern from Back Panel Row 1.

Fit/Adjustments

This cardigan has an ease of 6-8" where the finished bust measurement is larger than the actual bust size.

You can easily adjust the length of this pattern by making more or less rows. If you change the number of rows be sure to make both the back and front panels the same length.

For a more snug fit, go down a size. Likewise, for a looser fit, go up a size.

SIZE	YARN YDS M	TO FIT ACTUAL BUST IN CM	(A) FINISHED BUST IN CM	(B) BACK PANEL WIDTH IN CM	(C) FRONT PANELS WIDTH IN CM	(D) BODY LENGTH IN CM	(E) SLEEVE LENGTH IN CM
SM	811 742	34 86.4	41.2 104.6	20.6 52.3	10.3 26.2	21.25 54	18 45.7
MED	952 871	38 96.5	47.4 120.4	23.4 59.4	12 30.5	22 56	19 48.3
LG	1092 999	42 106.7	51.7 131.3	25.7 65.3	13 33	23 58.4	19.7 50
XL	1274 1165	46 116.8	56.6 143.8	28 71	14.3 36.3	23.7 60.2	20.5 52.1
2X	1456 1331	50 127	59.5 151	29.7 75.4	14.9 37.9	24.5 62.2	21.3 54
3X	1638 1498	54 137.2	63.4 161	31.4 79.8	16 40.6	25.3 64.3	22 56
4X	1820 1664	58 147.3	67 170.2	33 83.8	17 43.2	26 66	23 58.4
5X	2002 1831	62 157.5	70.8 179.8	35.4 90	17.7 45	27 68.6	23.7 60.2

ChristaCoDesign patterns use Craft Yarn Council sizing standards.
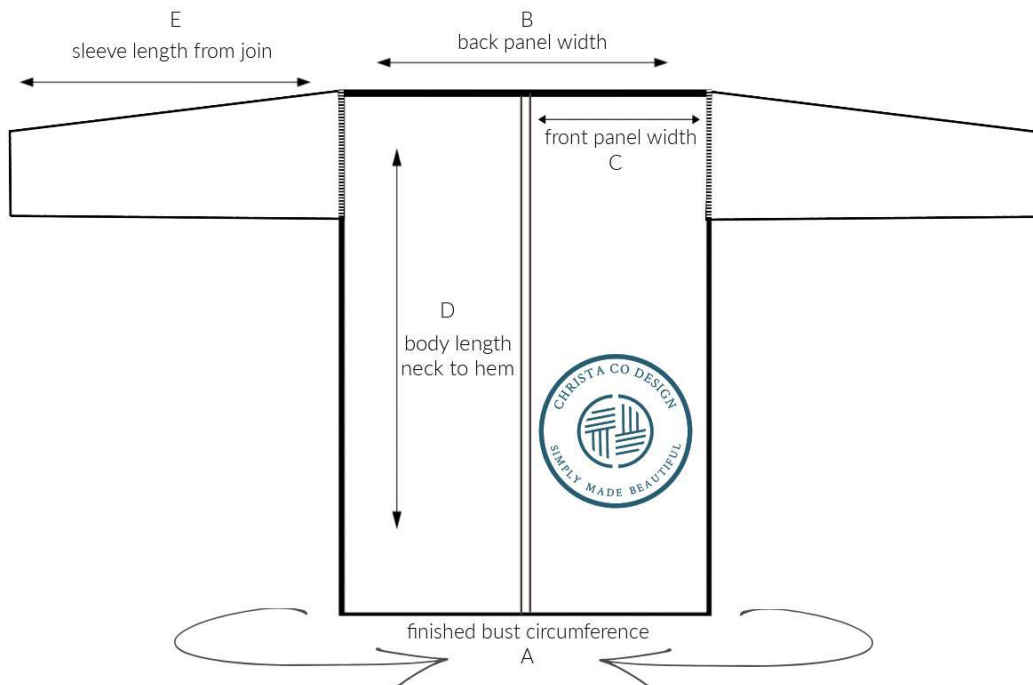
Stitches/Abbreviations-US Terms

blo-back loop only

ch(s)-chain(s)

exsc-extended single crochet-insert hook into the stitch to be worked, yarn over & pull up a loop, yo and pull through 1 loop, yo and pull through 2 loops

hdc-half double crochet

hdc in the 3rd loop– Looking at the back of your hdc stitches, there is a distinct horizontal line that runs across the stitch. This is considered the 3rd loop and where we'll be inserting the hook for the rest of the rows.

rep-repeat

rnd(s)-round(s)

RS-right side

sk-skip the indicated stitch

st(s)-stitch(es)

WS-wrong side

yo-yarn over

Pattern

Back Panel Ribbing

Pike stitch tutorial

Ch 5,

Row 1. Sc in 2nd ch from your hook and in each ch across, turn. (4 sts) 1.5" wide ribbing

Row 2. Ch 1, starting in same st place 1 blo sc in each st across, turn. (4 sts)

Rep Row 2 until you have 72 (82, 90, 98, 104, 110, 116, 124) rows of ribbing total.

Now turn and work into the side of the ribbing.

Back Panel

Row 1. Ch 3, *{sk 1 row, work 1 exsc into the side of the next row, ch 1} rep from * across, 1 exsc in last row, turn. (73, 83, 91, 99, 105, 111, 117, 125 sts)

Row 2. Ch 3, *{sk the ch 1, exsc in next exsc, ch 1} rep from * across, exsc in 2nd ch of ch 3, turn.

Row 3. Rep 2 for 50 (52, 54, 56, 58, 60, 62, 64) rows, or until total length (including ribbing) is 21.25", (22", 23", 23.7", 24.5", 25.3", 26", 27") long. Add more rows here for a longer length.

Cut yarn and leave a long tail for seaming.

Front Panel Ribbing

Make 2.

Ch 5,
Row 1. Sc in 2nd ch from your hook and in each ch across, turn. (4 sts) 1.5" wide ribbing

Row 2. Ch 1, starting in same st place 1 blo sc in each st across, turn. (4 sts)

Rep Row 2 until you have 36 (42, 46, 50, 52, 56, 60, 62) rows of ribbing total.

Now turn and work into the side of the ribbing.

Front Panel

Row 1. Ch 3, *{sk 1 row, work 1 exsc into the side of the next row, ch 1} rep from * across, 1 exsc in last row, turn. (37, 43, 47, 51, 53, 57, 61, 63) sts

Row 2. Ch 3, *{sk the ch 1, exsc in next exsc, ch 1} rep from * across, exsc in 2nd ch of ch 3, turn.

Row 3. Rep 2 for 50 (52, 54, 56, 58, 60, 62, 64) rows, or until total length (including ribbing) is 21.25", (22", 23", 23.7", 24.5", 25.3", 26", 27") long. Remember to match your back panel in length if you added rows.

Cut yarn and leave a long tail for seaming.

Sleeves Notes

1. Sleeves need an even stitch count.
2. Sleeves are constructed from the wrist up, which makes trying it on to fit easy.
3. After joining the ribbing, the sleeves are worked in the round, but you will join and turn each row, working on both sides just like the panels.
4. Sleeves will increase gradually by adding a stitch to the first ch sp after the ch 3, as written per your size.
5. The sleeves tend to lengthen with wash and wear so you may consider crocheting them shorter. Mine increased about 2" after washing.

Sleeves Ribbing
Make 2.

Ch 5,
Row 1. Sc in 2nd ch from your hook and in each ch across, turn. (4 sts) 1.5" wide ribbing

Row 2. Ch 1, starting in same st place 1 blo sc in each st across, turn. (4 sts)

Rep Row 2 until you have 32 (32, 32, 36, 40, 40, 40, 40) rows.

Join short ends of ribbing together with sl sts. Turn and work along the edge of ribbing.

Sleeves

Rnd 1. Ch 3,

*{sk next row, exsc in next row, ch 1}

rep from * join to 2nd ch of ch 3,

turn. (32, 32, 32, 36, 40, 40, 40, 40 sts)

Rnd 2. Ch 3, place 1 exsc + ch 1 in next ch sp,

*{in next exsc place 1 exsc, ch 1, sk next ch 1}

rep * around, join to 2nd ch and turn. +2 (34, 34, 34, 38, 42, 42, 42, 42 sts)

Rnd 3. Ch 3, *{sk next ch sp, exsc in next exsc, ch 1} rep * around, join to 2nd ch and turn.

Rnd 4. Ch 3, *{sk next ch sp, exsc in next exsc, ch 1}

rep * until 1 ch sp left, place 1 exsc + ch 1 in last ch sp, join to 2nd ch and turn. +2 (36, 36, 36, 40, 44, 44, 44, 44 sts)

Rnd 5. Rep Rnd 3.
Rnd 6. Rep Rnd 3.

Rep Rnds 2-6. until you have 50 (52, 56, 58, 60, 64, 68, 70) sts or sleeve width measures 7" (7.4", 8", 8.3", 8.6", 9", 9.7", 10") wide flat. Adjust sleeve width here for your best fit.

Continue to rep Rnd 3 until you have 42 (44, 46, 48, 50, 52, 54, 56) rnds, or sleeve length measures 18" (19", 19.7", 20.5", 21.3", 22", 23", 23.7") long total including ribbing. Adjust sleeve length here for your best fit.

Cut yarn, leave long tail for seaming.

Sewing your pieces together:

Sew where indicated using a yarn needle and length of yarn. You may use either the whip stitch or mattress stitch.

Lay panels on top of one another inside out, so front panels are on top of the back panel, and RS are touching.

Sew shoulders together.

Sew sides together. Start at the bottom and sew up, leave an opening of 7" (7.4", 8", 8.3", 8.6", 9", 9.7", 10") at the top of the panels for the armholes. This is where you will attach the sleeves.

To attach sleeves to your sweater:

With cardigan body still inside out (WS) and sleeve RS out, slide armhole end of sleeve into the cardigan. (See pic on next page).

Make sure the seam is on the bottom (where your elbow will be). Line up the armhole end of sleeve with the armhole opening.

Sew sleeve to armhole with mattress stitch. If needed, seam side of armhole close. Rep for both sleeves. Cut yarn. Weave in ends.

Front edge/collar:

With cardigan laid flat, RS up facing you, position yourself at the bottom end of the cardigan and attach yarn with sl st at the bottom of the front panel on your left.

Direction of work.

Join yarn here.

Row 1. Ch 1, hdc evenly up the front panel, around the neck and back down the opposite front panel, turn.

Looking at the back of your hdc stitches from rnd 1, there is a distinct horizontal line that runs across the stitch. This is considered the 3rd loop and where we'll be inserting the hook for the rest of the rows. See pictures below. See 3rd Loop Video Tutorial for more help on this step.

Row 2. Ch 1, hdc in 1st, hdc in 3rd loop of each hdc around, hdc in last, turn.

Repeat row 2 for 3 more rows.

Cut yarn and weave in ends.

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