



## Hygge Homebody Cardigan Pattern

### Materials

- #4 med worsted weight yarn, I used Big Twist Value (371 yds ea) from Joann's in Light Rose. 5 (S/M), 6 (L/XL), 7 (2/3X), 8 (4/5X) skeins.
- 5.5mm (I) hook, Yarn needle, Measuring tape, Scissors

### Notes

1. Please read through entire pattern and create a gauge swatch before beginning.
2. Stitch Multiple is an even number, plus 2 for the foundation.
3. Pattern is written for multiple sizes with the smallest size first, S-M-L-XL-2X-3X-4X-5X. For example: Ch 72-82-90-98-104-110-116-124 means size small would chain 72 and 4X would chain 116.
4. Stitch counts are given at the end of the instructions with all sizes within the parenthesis (S-M-L-XL-2X-3X-4X-5X sts)
5. Ch 3 counts as an exsc + ch 1

### Stitches/Abbreviations

CLICK ANY OF THE LINKS BELOW FOR THE VIDEO TUTORIAL.

Sk-skip the indicated stitch

rep-repeat

ch(s)-chain(s)

sl st-slip stitch

st(s)-stitch(es)

sc-single crochet

hdc-half double crochet

### Special Stitches

exsc-extended single crochet-insert hook into the stitch to be worked, yarn over & pull up a loop, yo and pull through 1 loop, yo and pull through 2 loops

Pike st-(exsc, ch 1)

blo-back loop only-crochet into the back loop only, instead of under the top two loops like normal.

hdc in the 3rd loop- Looking at the back of your hdc stitches, there is a distinct horizontal line that runs across the stitch. This is considered the 3rd loop and where we'll be inserting the hook for the rest of the rows.

### Gauge

4" x 4" = 14 sts x 10 rows





## Swatch

### Video Tutorial here \*not necessarily same st count

Ch 20

Row 1. Sc in 2nd ch from hook, ch 1 \*(sk 1 ch, exsc in next ch, ch 1) repeat from \* across to last two chs, sk next ch, in the last ch place 1 exsc, turn. (19 sts) See the photo & video tutorial for Row 1 [here](#).

Row 2. Ch 3 (counts as an exsc + ch 1), sk next ch, exsc in next exsc, ch 1, \*(sk next ch 1, exsc in next exsc, ch 1) rep from \* across to last two sts, sk next ch, exsc in last sc, turn. (19 sts)

Row 3. Ch 3 (counts as an exsc + ch 1), sk next ch, exsc in next exsc, ch 1, \*(sk next ch 1, exsc in next exsc, ch 1) rep from \* across to last two sts, sk 3rd ch, exsc in 2nd ch, turn. (19 sts)

Rep Row 3 until you have 10 rows or 4." Check gauge and adjust hook if needed.

Size	To Fit Bust Size"	Finished Bust size"	Back Panel Width in inches "	Front Panels Width in inches "
S	34	40	20	9.5
M	38	46	23	11
L	42	50	25	12
XL	46	54	27	13.5
2X	50	58	29	14
3X	54	62	31	15
4X	58	66	32.5	16.5
5X	62	70	35	17





## Adjustments

This cardigan will stretch most in length, as one would expect. Mine has been washed and worn for at least a month and has stretched 2.5" in length. Where it once stopped above my knee, it now reaches below it. But I'm only 5' 2." I am loving my cardigan's length, but you can easily adjust the length of this pattern by making more or less rows. If you change the number of rows be sure to make both the back and front panels the same length.

## [Video Tutorial here](#)

## Pattern

### Back Panel

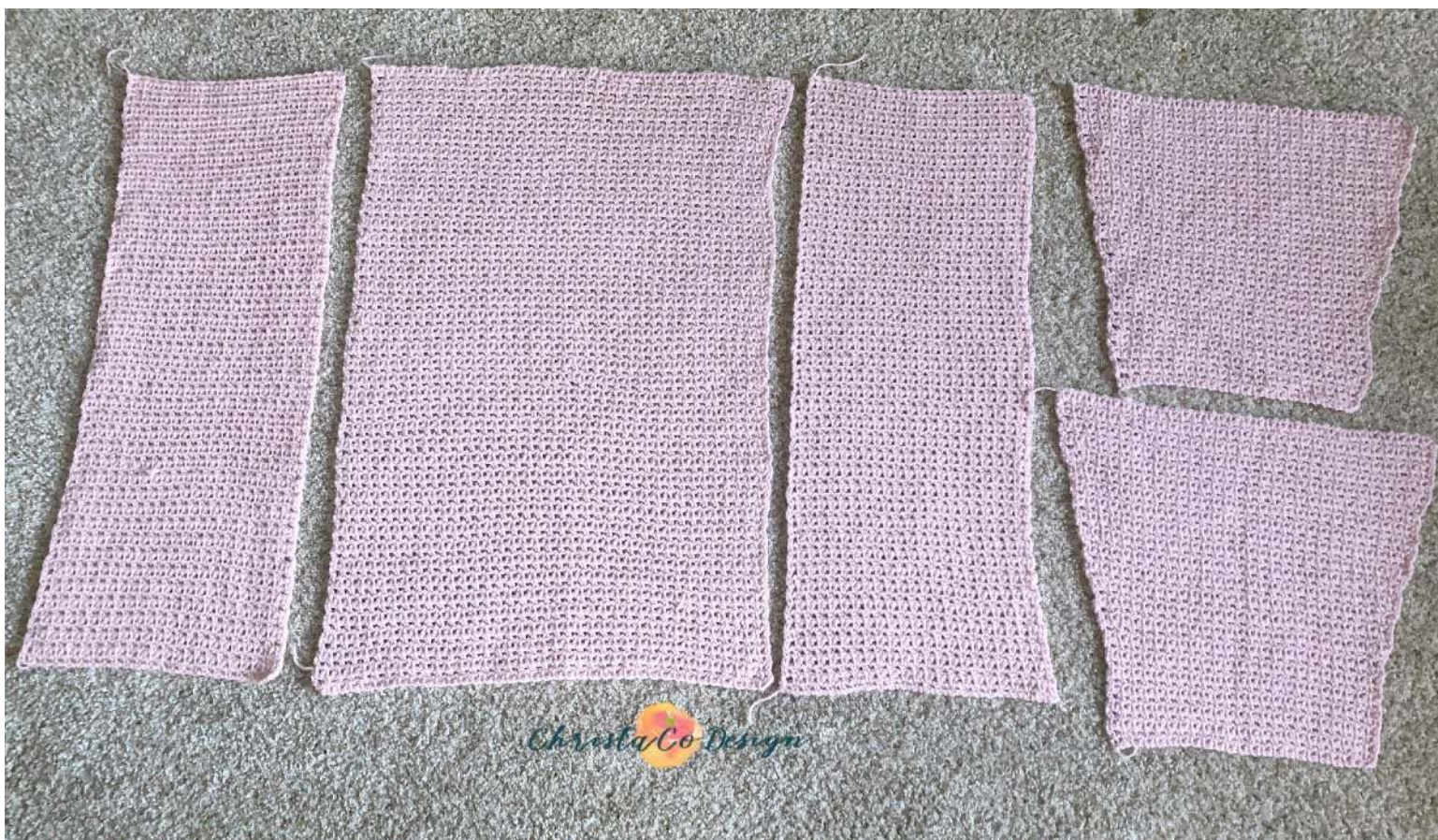
Ch 72-82-90-98-104-110-116-124

Row 1. Sc in 2nd ch from hook, ch 1 \*(sk 1 ch, exsc in next ch, ch 1) repeat from \* across to last ch, place 1 exsc in last ch, turn. (71-81-89-97-103-109-115-123 sts) See the photo & video tutorial for Row 1 [here](#).

Row 2. Ch 3 (counts as an exsc + ch 1), sk next ch, exsc in next exsc, ch 1, \*{sk next ch 1, exsc in next exsc, ch 1} rep from \* across to last two sts, sk next ch, exsc in last sc, turn. (71-81-89-97-103-109-115-123 sts)

Row 3. Ch 3 (counts as an exsc + ch 1), sk next ch, exsc in next exsc, ch 1, \*{sk next ch 1, exsc in next exsc, ch 1} rep from \* across to last two sts, sk 3rd ch, exsc in 2nd ch, turn. (71-81-89-97-103-109-115-123 sts)

Rep Row 3 until you have 83 rows, or to your desired length.







## Front Panels {Make 2}

Ch 36-42-46-50-52-56-60-62

Row 1. Sc in 2nd ch from hook, ch 1 \*(sk 1 ch, exsc in next ch, ch 1) repeat from \* across to last ch, place 1 exsc in last ch, turn. (35-41-45-49-51-55-59-61 sts) See the photo & video tutorial for Row 1 [here](#).

Row 2. Ch 3 (counts as an exsc + ch 1), sk next ch, exsc in next exsc, ch 1, \*(sk next ch 1, exsc in next exsc, ch 1} rep from \* across to last two sts, sk next ch, exsc in last sc, turn. (35-41-45-49-51-55-59-61 sts)

Row 3. Ch 3 (counts as an exsc + ch 1), sk next ch, exsc in next exsc, ch 1, \*(sk next ch 1, exsc in next exsc, ch 1} rep from \* across to last two sts, sk 3rd ch, exsc in 2nd ch, turn. (35-41-45-49-51-55-59-61 sts)

Rep Row 3 until you have 83 rows, or to your desired length.

## Sleeves {Make 2}

Ch 50-54-58-60-66-68-72-74

Row 1. Sc in 2nd ch from hook, ch 1 \*(sk 1 ch, exsc in next ch, ch 1) repeat from \* across to last ch, place 1 exsc in last ch, turn. (49-53-57-59-65-67-71-73 sts) See the photo & video tutorial for Row 1 [here](#).

Row 2. Ch 3 (counts as an exsc + ch 1), sk next ch, exsc in next exsc, ch 1, \*(sk next ch 1, exsc in next exsc, ch 1} rep from \* across to last two sts, sk next ch, exsc in last sc, turn. (49-53-57-59-65-67-71-73 sts)

Row 3. Ch 3 (counts as an exsc + ch 1), sk next ch, exsc in next exsc, ch 1, \*(sk next ch 1, exsc in next exsc, ch 1} rep from \* across to last two sts, sk 3rd ch, exsc in 2nd ch, turn. (49-53-57-59-65-67-71-73 sts)

Rep Row 3 until you have 9 rows.

### Notes

From here you will decrease on each of the indicated rows below. To decrease you will use the sc2tog technique to decrease exsc sts, written as "exsc2tog" on the 2nd & 3rd exsc stitches of the indicated rows and on the 3rd & 2nd stitches from the end of the same row. EXSC2TOG: Watch the video on how to decrease [here](#).

To decrease on the indicated row (by size below): Ch 3 (counts), insert hook into the next exsc, yo and pull up a loop, (2 loops on your hook), skip the ch, insert hook into the next exsc, yo and pull up a loop, (3





loops on hook) yo and draw through all 3 loops, ch1, continue normally with \*(exsc, ch1, sk next ch) until the 3rd exsc from the end of the row, then insert hook into the 3rd exsc from end, yo and pull up a loop, (2 loops on your hook), skip the ch, insert hook into the 2nd exsc from end, yo and pull up a loop (3 loops on your hook), yo and draw through all 3 loops, ch1, end with an exsc in the 2nd chain as normal.

Row 10. Ch 3, exsc2tog, \*(exsc in next exsc, ch 1, sk next ch) rep from \* to last 5 sts, exsc2tog, ch 1, exsc in 2nd ch, turn. (45-49-53-55-61-63-67-69 sts)

Rows 11-19. Rep Row 3.

Row 20. Rep Row 10. (43-47-51-53-59-61-65-67 sts)

Rows 21-24. Rep Row 3.

Row 25. Rep Row 10. (41-45-49-51-57-59-63-65 sts)

Rows 26-29. Rep Row 3.

Row 30. Rep Row 10. (39-43-47-49-55-57-61-63 sts)

**Small** Only Rows 31-38. Rep Row 3.

**Med** Only Rows 31-40. Rep Row 3.

**Large/X-Large** Only Rows 31-43. Rep Row 3.

**2X/3X** Only Rows 31-45. Rep Row 3.

**4X/5X** Only Rows 31-47. Rep Row 3.

Cut yarn.

## SEWING YOUR PIECES TOGETHER

Sew where indicated using a yarn needle and length of yarn. You may use either the whip stitch or mattress stitch.

## TO ATTACH SLEEVES TO THE SHOULDERS OF YOUR SWEATER

Lay out your cardigan. Find the middle of the widest end of your sleeve and line it up at the shoulder seam.

Line up the corner touching the back panel at row (counting from the shoulder seam down)

17-19-21-23-25-25-27-27. Line up the other corner on the front panel with row (counting from the shoulder seam down) 17-19-21-23-25-25-27-27. Sew sleeves to body of cardigan.

## SEW THE CARDIGAN SIDES AND SLEEVES TOGETHER

Fold cardigan together inside out, so front panels are on top of the back panel and sleeves are together.

Use a yarn needle and length of yarn to sew sides and sleeves together in one seam.







Start at the bottom where the panels meet and sew up, following the armpit and continue sewing along the sleeves. Shown by the white lines in the picture above. Repeat on other side.

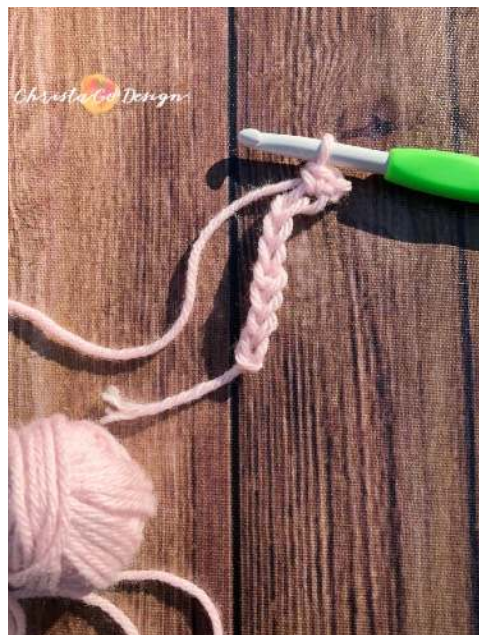
## SLEEVE CUFFS {Make 2}

\*note the tutorial shows a different hook size.

These are crocheted separately and then sewn on.

Ch 9

Row 1. Sc in 2nd ch from hook and across, turn. (8 sts)



Row 2. Ch 1, sc in 1st stitch, sc in blo of next 6 sts, sc in last, turn. (8 sts)





Repeat row 2 for 22-22-24-24-26-26-28-28 more rows.

Leave a long tail & sew short ends together to form the cuff.







Now fit the cuff over the end of the sleeve. Stretch cuff to fit and pin in 4 spots. Next sew cuff to sleeve. Cut yarn. Repeat for other cuff.



## BOTTOM HEM EDGE

### WATCH A VIDEO ON HOW TO DO THIS TECHNIQUE [HERE](#).

This is the same ribbing technique that we used with the sleeve cuffs, we'll be crocheting and attaching it to the bottom of the cardigan as we go. See the pictures below for exactly how to do it. You can also crochet the ribbing separately and sew it on like the sleeve cuffs. \*note the tutorial shows a different hook size.

Lay out your cardigan, position yourself at the neck, join yarn with a sl st to the corner of the bottom of the front panel on your left.

Ch 5

Row 1. Sc in 2nd ch from hook and in each ch across. (4 sts)







## TO ATTACH TO CARDIGAN AS YOU GO

## WATCH A VIDEO ON HOW TO DO THIS TECHNIQUE [HERE](#).

sc2tog through the two rows on the cardigan body right where you're adding edging, sc2tog does not count as a stitch, ch 1, turn and continue working in the 4 sc stitches.







When your sc row brings you back to the cardigan bottom, insert your hook in the stitch of that row, yo & pull up a loop.



Then insert your hook in the next row's stitch, yo and pull up a loop.







And yo, pull through all 3 loops on your hook, ch 1, turn and continue working the next row out and back. When you return to the cardigan body repeat the above steps to attach the newest two rows of ribbing to it.



Row 2. Ch 1, sc in last sc from 1st row, sc in blo of next 2 sts, sc in last, turn. (4 sts)



Row 3. Ch 1, sc in 1st sc, sc in blo of next 2 sts, sc in last st, attach to next two cardigan rows with sc2tog, turn.

Repeat rows 2 and 3 around, attaching the edging as you go with a sc2tog. Finish off.







## FRONT EDGE/COLLAR

With cardigan laid flat, right side up facing you, position yourself at the bottom end of the cardigan and attach yarn with sl st at the bottom of the front panel on your left.

Row 1. Ch 2, hdc evenly up the front panel, around the neck and back down the opposite front panel, turn.

Looking at the back of your hdc stitches from row 1, there is a distinct horizontal line that runs across the stitch. This is considered the 3rd loop and where we'll be inserting the hook for the rest of the rows. See pictures below. See Video Tutorial [here](#).







Row 2. Ch 2, hdc in 1st, hdc in 3rd loop of each hdc around, hdc in last, turn.

Repeat row 2 for 3 to 10-11-12-13-14-15-16-17 more rows, or til collar is (2.75, 3, 3.25, 3.75, 4, 4.5, 5, 5.5)" wide.

## Pockets (Optional)

Ch 24

Row 1. Sc in 2nd ch from hook, ch 1 \*(sk 1 ch, exsc in next ch, ch 1) repeat from \* across to last ch, place 1 exsc in last ch, turn. (23 sts)

Row 2. Ch 3 (counts as an exsc + ch 1), sk next ch, exsc in next exsc, ch 1, \*{sk next ch 1, exsc in next exsc, ch 1} rep from \* across to last two sts, sk next ch, exsc in last sc, turn. (23 sts)

Repeat row 2 for 14 more rows, don't finish off.

TOP OF POCKET RIBBING:

Ch 5,

Row 1. Sc in 2nd ch fro hook and in each ch across. (4)

Attach to pocket with sc2tog as you go, in the same manner as the bottom edging for the cardigan, turn.

Row 2. Ch 1, sc in last sc from 1st row, sc in blo of next 2, sc in last, turn. (4)

Row 3. Ch 1, sc in same stitch, sc in blo of next 2, sc in last, sc2tog to attach, turn. (4)

Repeat rows 2 and 3 across the pocket, leave a long tail to sew pocket on.

Finished pocket measures: 6" tall by 6.5" wide

Position pocket at hip height, or desired placement. Line up the pocket row for row. Pin in place.

Sew pockets down along 3 edges, leaving top open. Cut yarn, weave in all ends.



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*Crystal*